UHP Application Essay Instructions and Prompt

Before you begin writing: Keep in mind that the committee reviewing your application has access to your transcript, resume, and recommendation letters. We already know you are academically accomplished. The purpose of this essay is to provide the review committee with new information. This means that you should write an essay that helps us get to know you as a person and demonstrates fit with UHP. You should submit polished writing that demonstrates authenticity, creativity, and analytical reflection. The best essays will give the review committee a clear sense of who you are as a person and your potential to contribute to the UNC Charlotte and UHP communities.

Your essay should address this prompt in 500 - 750 words:
• If there was one thing that you could talk to a friend about for hours, what would it be? Why?
  o What does this “thing” say about you?
  o What have you learned from this “thing”?
  o How does this “thing” connect you to others?

Suggestions for crafting an engaging essay:
• Do:
  o address the prompt specifically
  o demonstrate authenticity and sincerity
  o be creative
  o consider non-academic “things” such as activities, objects, and hobbies - these often produce the most interesting essays
  o avoid platforms/causes
  o show evidence of reflective and analytical thinking
  o provide a strong argument
• Don’t:
  o tell us things we can see on your resume, transcript, and letters of recommendation
  o reiterate accomplishments
  o try to “sell yourself”
  o write the essay you “think” we want to read

Essays that do not specifically address the prompt will be removed from consideration.